

Focus on healing, having fun & discovering the beauty, joy and magic of Africa. **Based on ideas from "Post Traumatic Slave Syndrome: America's Legacy of Enduring Injury and Healing PTSD"**, we will be reading this book in preparation and meeting by zoom from February to June to bond, prepare and plan for our time together. This will be a healing Spiritual Journey into the West Coast country of Ghana on the continent where from humanity was formed and from which the greatest horrors of humanity sprung. Our service will include healing emotional, Spiritual and physical wounds of the Transatlantic Slave Trade (TST). For more information about this amazing opportunity, the organization, and the tremendous work they accomplish, we will then go Rwanda to explore the beauty, history and safari seeing many beautiful jungle animals including gorillas in Rwanda.

For more info email info@jamiesjoy.org
or go to

WWW.JAMIESJOY.ORG



BOOK NOW!

Don't miss out on this extraordinary adventure! Contact us today to reserve your spot and embark a journey of a lifetime with Jamie's Joy.

 Info@jamiesjoy.org

SUMMER 2025



GHANA & RWANDA

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JAMIE'S JOY
MEMORIAL FUND

MOTHER AFRICA- AN EXPERIENCE OF HEALING, DISCOVERY & JOY

TOUR DATES

GHANA 6/6/25 - 6/20/25
RWANDA 6/20/25 - 6/29/25



- **Both trips will include** group tour travel with daily gatherings, cultural, tradition, history, cuisine of the African continent, moments to unwind, reflect, have deep conversation, joy, laughter and connection, shopping for authentic clothing, artifacts, jewelry and other craftsman's handiwork in bustling markets and small villages. Travel in comfort and safety with a local who will guide us and answer questions about what we are experiencing. * see attached itinerary for more details.
- Unique to Ghana – Stay on the seaside with sweeping ocean views (2 nights off campus for site seeing)
- Visit historic sites representing the slave trade, experience deep conversations, experiential & healing activities,
- Explore sites that were a part of the Transatlantic Slave Trade, with a transforming lens.
- Sign the book acknowledging you came “home” to Mother Africa from whence we all originated.
- Yoga, Tai Chi, walks, meditation, massage, ocean view, healing rituals (some activities at own expense)
- Ancient spiritual rituals including African naming ceremony where you will be given a new name
- Unique to Rwanda – Stay in multiple locations (moderate accommodations).
- Explore the sites that were a part of the ethic genocide thru experiential healing and transforming lens.
- Travel day to day exploring thru different parts of Rwanda.
- Hiking through the forests and low mountains to see gorillas, primates, birds and many other local jungle beings.
- Going to authentic villages and meeting local Rwandans.



We do not inherit the earth
from our ancestors, we
borrow it from our children.



Estimated price per person/based on double occupancy:

GHANA - \$3,600

RWANDA - \$3,500

Exact price TBD/includes:

- 2 meals daily
- All entrance fees to sites and events, including African Naming Ceremony
- All city-to-city transportation within the itinerary
- All lodging included (moderate accommodations)
- Healing, stimulating conversations and rituals to connect you to our soul.

NOT INCLUDED IN PRICE OF TOUR:

- ALL AIR TRAVEL
- Costs associated with passports and visas
- Travel health needs (vaccines, medications, etc.)
- Travel Insurance
- Tips and miscellaneous personal expenses
- Additional snacks, food or meals eaten away from group

PAYMENT DETAILS:

- Contact Elene Bratton, 619-322-0028 or email Info@jamiesjoy.org to make reservations for the trip of a lifetime.
- \$500 Deposit at sign up. Monthly payment-plan available.
- Payment-in-full due by 4/1/25
- 100% refundable if trip is cancelled by organization
- 50% refundable if trip is cancelled by traveler 60 days or less before trip